



Holiday Courses 2020



21st December, 22nd December, 23rd December

29th December, 30th December

| CLASS | TIME | PRICE |
|----------------------------|---------------|--|
| PLAYGYM | 09:30 – 10:30 | £5 per child |
| Intro to Gymnastics | 11:00 – 12:30 | £12 per child (£14 for non-members) |
| Skill Progression | 11:00 – 13:30 | £18 per child (£20 for non-members) |

| CLASSES | | WHO |
|----------------------------|---|----------------------|
| PLAYGYM | These drop-in classes are for pre-school aged children to attend with their parent/guardian. They are fun sessions in a safe and colourful environment. Participants are free to explore the gym. These sessions are not coached. | Crawlers- 5 Years |
| Intro to Gymnastics | These classes are targeted at children who have never done gymnastics or usually attend our novice classes. Sessions are led by our enthusiastic team of coaches; gymnasts will get to use all our artistic equipment and will be given a fun taster of gymnastics at Woking. | 5-8 Years |
| Skill Progression | For those with previous gymnastic experience, these sessions will aim to develop participants' skill level. There will be an emphasis on challenging the gymnasts to improve their floor and vault skills whilst benefiting from time on the rest of our equipment. | 7-16 Years |

All sessions must be booked in advanced via our club website - spaces are limited.