



ADULT GYMNASTICS CLASSES

Terms and Conditions

In addition to our club's Terms and Conditions please see below the additional conditions for adults only:

- You must be a minimum of 18 years old to attend adults classes.
- You must use the equipment appropriately and should not attempt any moves beyond your ability.
- It is your responsibility to put away any equipment that you have used in its designated storage place before you leave the gym.
- By attending a class you confirm you are fit and healthy to participate in exercise.
- No alcohol is to be brought into the gym or consumed prior to your gym class.
- All footwear is to be left in the changing rooms.
- No admittance is allowed into the gym until your allocated time.
- 'Parkour / Free Running' is not permitted.
- Maximum class size is 30.
- Gymnasts may be turned away if classes exceed the maximum number.

In addition, it has been highlighted that external coaches have been using our classes to coach their gymnasts/other individuals.

Woking Gymnastics Club does not permit external coaches to use our classes for this purpose.

Please be aware that anyone doing so will be refused entry.